

Seattle Soto Zen Brief Sunday Service

small bell ●	roll down ▶▶▶	large bell ○ or ○	stop ▣	mokugyo ✕
<i>Kokyo's Voice:</i>	wave V	raise pitch ↑	lower pitch ↓	

After incense offering, doshi gassho at altar ●

Doshi halfway back to bowing mat ●

Gassho bow at mat ●

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Doshi opening zagu, roll down until zagu is in place

Doshi begins 1st bow ●

Doshi begins 2nd bow ●

Doshi begins 3rd bow ●

Forehead touches mat ●

After chip incense offering, doshi gassho at altar ○


Doshi begins 1st bow ○

Doshi begins 2nd bow ○

Doshi begins 3rd bow ▣


Kokyo: All my ancient twisted karma ○

All: From beginningless greed, hate and delusion,
born through body, speech and mind, ● (*all bow*)

I now fully avow. 

Kokyo: I take refuge in Buddha ○

All: Before all beings
Immersing body and mind deeply in the way ● (*all bow*)

Awakening true mind. 


Kokyo: I take refuge in Dharma ○

All: Before all beings
Entering deeply the merciful ocean ● (*all bow*)

Of Buddha's way. 


Kokyo: I take refuge in Sangha ○

All: Before all beings
Bringing harmony to everyone ● (*all bow*)

Free from hindrance. 

Kokyo: Beings are numberless, ○

All: I vow to save them.
Delusions are inexhaustible, I vow to end them.
Dharma gates are boundless, I vow to enter them.
Buddha's way is unsurpassable, ● (*all bow*)

I vow to become it. 

Kokyo:

Gratefully, we offer the benefits of our practice to all beings.
May we be the perfection of wisdom of our Great Ancestors
And turn the Wheel of the Dharma with ever-present Great Compassion.

Hand in hand, may we realize the Awakened Way together. **V** 

All Buddhas ten directions three times 


All honored ones, bodhisattva-mahasattvas 


   


Wisdom beyond wisdom (*note: begin roll-down with doshi's bow after incense offering*)


      


Maha Prajna Paramita (*note: end roll-down when doshi arrives back at the bowing mat*)


Doshi begins 1st bow 

Doshi begins 2nd bow 

Doshi begins 3rd bow 

Forehead touches mat 

After folding up zagu, Doshi takes one step back, gassho 

Doshi takes second step back, gassho 

Doshi leaves the zendo  