

# Zendo Opening on Sunday Mornings

● small bell - tenken

○ large bell - doan

*Ten minutes before zazen is to start (9:20), lights are turned down.*

*Ino welcomes the group and makes announcement re: dokusan.*

*Five minutes before zazen is to start (9:25), tenken does full roll-down on Han. The roll-down should last five minutes, until 9:30. Tenken returns to seat.*

*Ino leads robe chant, twice in Japanese then once in English.*

*When teacher is finished putting on robe, both teacher and jisha stand. Teacher bows to his seat and then faces jisha; the two bow together.*

*Jisha goes to altar, lights incense, waits for teacher.*

*Teacher does standing bow at bowing mat, moves to the altar and offers incense with the help of the jisha. Teacher/doshi returns to bowing mat.*

*Teacher does standing bow and unfolds zagu.*

*Teacher begins 1<sup>st</sup> bow* ○

*Teacher begins 2<sup>nd</sup> bow* ○

*Teacher begins 3<sup>rd</sup> bow* ○

*Teacher folds zagu and begins jundo, walking with hands in gassho behind practitioner's seats.*

*Ino advises practitioners to place their hand in gassho as the teacher passes behind their cushion.*

*Teacher finishes jundo, returns to bowing mat and does standing bow* ●

*Teacher move to seat and bows to seat* ●

*Teacher turns and bows to assembly* ●