**Dependent Origination: Seeing the Dharma**  
By: Gary Buck

**Week One**

**Experiential Homework Assignment**

See what you can notice about what happens when a new sensory experience catches your attention.

Try this in your sitting practice like we did in class. Even consider picking a time or spot where there will be a variety of sounds.

Try the exercise also with sight. Find a park bench to sit on where there will be people walking by. Notice how you respond to each person, the subjectivities each one evokes in you.

Go for a walk (to make it really challenging, do it downtown). Notice all the different sensory experiences, the sights, the sounds, the smells, etc. Notice what subjectivities are evoked by each.

**Suggested Reading**


The Bahiya Sutta, trans. Thanissaro Bhikkhu.  
[http://www.accesstoinsight.org/tipitaka/kn/ud/ud.1.10.than.html](http://www.accesstoinsight.org/tipitaka/kn/ud/ud.1.10.than.html)

The Bahiya Sutta, trans. by John Ireland.  
[http://www.accesstoinsight.org/tipitaka/kn/ud/ud.1.10.irel.html](http://www.accesstoinsight.org/tipitaka/kn/ud/ud.1.10.irel.html)